Pet-Proof Your Home: Room-by-Room Checklist

Tick each box as you go, then keep this on the fridge.

ASPCA Poison Control: (888) 426-4435 | **Pet Poison Helpline: (855) 764-7661**

24/7 · fees may apply

Call your vet or a hotline right away, even if your pet seems fine, if your cat touched any part of a lily, or your pet got into antifreeze, rodent bait, or human medicine (including skin creams), swallowed string, or chewed a live cord.

While you call: don't make your pet vomit unless a vet tells you to. Save the package, or snap a photo of the plant. Never pull string hanging from the mouth or bottom.

Go straight to an emergency vet for collapse, seizures, unconsciousness, trouble breathing, or a fall from a height, even if your pet seems fine.

KITCHEN

- [ ] Trash has a locking lid or sits behind a latched door
- [ ] Chocolate, onions, garlic, grapes, raisins, and macadamia nuts put away
- [ ] Xylitol ("birch sugar") gum, candy, and peanut butter out of reach
- [ ] Cleaner and dishwasher-pod cabinet latched
- [ ] Dishwasher kept closed; no “pre-rinse” licks
- [ ] Plates and snacks watched during gatherings

BATHROOM

- [ ] All medications and pill organizers in a closed cabinet
- [ ] Hair-growth (minoxidil), hormone, and pain gels locked away; applied away from pets
- [ ] Lidded trash can for floss, razors, and empty tubes
- [ ] Toilet lid down if you use bowl-cleaner tablets

LIVING ROOM

- [ ] Cords run up the wall or covered; unused chargers unplugged
- [ ] Blinds cordless, or older cords secured high with a safety kit
- [ ] TV and tall furniture anchored with anti-tip straps
- [ ] String, yarn, ribbon, and hair ties put away
- [ ] Batteries and diffuser oils in a closed drawer
- [ ] Candles and space heaters out of reach of paws and tails

PLANTS

- [ ] No true lilies or daylilies in a home with cats
- [ ] No sago palm indoors or in the yard
- [ ] Other plants checked on the ASPCA toxic plant list

WINDOWS & DOORS

- [ ] Every screen push-tested and snug
- [ ] Unscreened windows closed; no pets alone on balconies
- [ ] Doors, pet doors, and gates checked for gaps
- [ ] Collar ID tag on; microchip contact info up to date

BEDROOM

- [ ] Nightstand cleared of pills
- [ ] Purses and backpacks off the floor
- [ ] Socks, hair ties, earplugs, and jewelry picked up
- [ ] Recliners and sofa beds checked before folding

LAUNDRY

- [ ] Washer and dryer doors closed; check inside before every cycle
- [ ] Detergent pods and dryer sheets stored up high
- [ ] “Check for pets” note on the dryer door

GARAGE & BASEMENT

- [ ] Antifreeze sealed, up high; drips wiped up
- [ ] No rodent bait; enclosed snap traps instead
- [ ] Ice melt sealed; paws wiped after walks
- [ ] Chemicals, paint, and fuel on high shelves
- [ ] Door to the garage kept closed

BE READY

- [ ] Both hotline numbers saved in your phone
- [ ] Pet sitters and family know where to find them
- [ ] Nearest 24-hour emergency vet located
- [ ] Pet's records, meds, and weight in one place

This checklist covers common household hazards and is not all-inclusive. It is for general information only and is not a substitute for advice from your veterinarian.